

MGB (Video)

1. Marinade (Chicken Chop)

Lemongrass

<https://www.panasonic.com/my/consumer/kitchen-appliances-learn/recipes/healthy-everyday/healthy-everyday-recipes-3/lemongrass-chicken-chops.html>

Peri Peri

<https://www.homecookedsg.com/2013/05/peri-peri-chicken-chop.html?m=1>

2. Recipe

Homemade Nuggets

<https://www.youtube.com/watch?v=ntjuRWdlkxA>

Homemade Hashbrowns

<https://www.youtube.com/watch?v=xw53O0abZIY>

Homemade Tofu Steak

<https://www.youtube.com/watch?v=r6mumuJcSFo&t=14s>

Homemade Egg Mushroom Soup



http://www.sohu.com/a/326213306_594353

Fried Mushroom (Vegan Fried Chicken) 超香的秘诀~咪走鸡~



3. Instant Recipe (Single Dinner)

Porridge (using blender)

<https://hot-thai-kitchen.com/quick-congee/>

Black Sesame Paste / Soup (Multi Use)



Tomato Egg Noodle



<https://www.youtube.com/watch?v=wCAKeFJ4354>

Salted Egg Fried Noodle



<https://www.instagram.com/p/CCH36iPDb8t/?igshid=1koxo9kmyeosn>